

LET'S ANSWER SOME QUESTIONS

OKLAHOMA PEAK FAQ'S

- 1. How do I find more information about Peak?** Follow us on the web at: oklahomapeak.com, [Facebook](#) (@oklahomapeak), [Instagram](#) (@oklahomapeak), or [Twitter](#) (@oklahomapeak). All tryout and club information will be shared on these sites.
- 2. What is a Club Team?** A "Club" team is the traditional type of program offered in most volleyball clubs. Peak operates under the umbrella and governance of USA Volleyball. One goal of most clubs is to qualify teams for the USA J.O. National Championships. Peak has qualified over 150 teams for the USA Junior Olympic Volleyball National Championships in 19 years. Peak's girls' teams range in age from 8-18.
- 3. What do I have to do to be on a team?**
 - a. Register as a member of USA Volleyball by going to okrva.com/registration/. Players cannot tryout with any club without having a 2025-2026 USA Volleyball membership number. NOTE: If your child is not selected or decides not to play, you may request a refund of the USA Volleyball membership fee by contacting the Oklahoma Region Commissioner at smccarty@cox.net.
 - b. Go to oklahomapeak.com and register online for Peak's tryouts. The cost for Peak's tryouts is \$75. You will be required to provide your child's USA membership number as a part of the registration.
 - c. If your child is offered and accepts a position on a team, you and your child will need to attend the Peak Signing Day/Parent & Player meeting to sign a contract and make the initial payment.
- 4. Where will my team practice?** All practices (except special occasions) will be held at the Peak Training Facility, 11702 N. I-35 Service Road, OKC, 73131. Beginning in the fall, practices will move to our new facility in the OKC Adventure District, near Remington Park.
- 5. How many players are selected for a team?** Typically, 10 players are chosen. Occasionally, based upon a coach's offensive philosophy, a team may have 9 or 11. NOTE: Many clubs now place 12 on a team.
- 6. How often do teams practice?** All teams practice twice a week. Depending on the age and level, teams can practice 1 ½ hours (10's teams), 2 hours, or 2.5 hours. So, teams could practice a total of 3, 4, or 5 hours per week. Most teams will have one weekday practice (M,Tu,Th) and one weekend practice (F, Sat., or Sun.). Some teams (if it works with their schedules) may practice on Wednesday. Teams could miss a weekend practice once tournaments begin. Practices missed on weekends due to tournaments may not be made up.
- 7. How are practice times determined?** The team coach and club director will determine the days that practices occur based on feedback from coaches and parents. With 30 teams, flexibility is appreciated by all involved. Practices will begin the middle of November for the 11's-14's and late November for the 15's-18's.
- 8. How do tryouts work?** Each club holds tryouts to select their teams for the upcoming season. Parents pay a fee (\$75 for Peak) for their child to participate in the tryout. At the tryouts, coaches are looking for players to fill a variety of positions and needs. Once their team is selected, the coaches will call the selected players and offer them a position on the team. Due to the number of players trying out, **players not selected are typically not notified personally**. Those who register online may receive email updates about teams.
- 9. Does Peak offer players positions before tryouts or place players on teams before tryouts?** No. The Oklahoma Region prohibits coaches/clubs from doing a couple of things:
 1. Offers cannot be made before the first tryouts begin.
 2. They cannot pressure players to make a decision before attending another club's tryouts, or attempt to keep players from attending other tryouts. (Contact the Oklahoma Region Commissioner if a violation occurs.)

