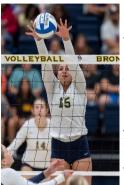
## BRONCHOVOLLEYBALLCAMPS.COM



## High School Prep - All Skills Camp



In this camp we will cover all skills including proper teaching technique. We will focus on team systems, offensive and defensive, and team strategies. Will include smaller group work to ensure the proper instruction and attention. If you would like to be exposed to all skills of volleyball, this is definitely the camp to attend. It's without a doubt our most attended camp.

Camp T-shirt included

#### High School Prep - All Skills Camp 1

For: Athletes entering Grades 4 - 8 Dates: Mon-Wed, June 9th - 11th

Time: 8:30 am - 11:30 pm

Cost: \$215.00



### **Hitting Camp**



Hitting camp will go cover all compenents of this fundamental skill. We will go over the footwork and balance, jumping component and ways to maximaze the vertical and proper arm technique. We will break down the arm swing and how to minimize shoulder and knee injuries in order to withstand years of college playing. Camp T-shirt included

#### **Hitting Camp**

For: All Grades Date: Fri, June 13th

Time: 19:00am - 12:00pm

Cost: \$80.00



# College Prep - All Skills Camp



This camp will be geared toward high school athletes and those that have aspirations of playing in college. The participants will be grouped into smaller teams to maximize touches with the ball. Offensive and defensive skills as well as proper technique will be covered and lots of instructions will be given during game like drills. Camp T-shirt and prizes for contests!

#### College Prep-All Skills Camp 2

For: Athletes entering Grades 9 - 12 Dates: Mon- Wed, June 9th - 11th

Time: 1:00 pm - 4:00 pm

Cost: \$215.00



## **Defensive Camp**



Defensive Camp has always been a popular one and will be devided in smaller skill groups. We will go through serve-receive passing, defending attacked balls and the difference between the two. We will also cover defensive foot work and the athletes will get lots of repetition touches. Camp T-shirt provided!

#### **Defensive Camp**

For: Athletes entering Grades 5 -11

Dates: Thu, June 12th

Time: 9:00am - 12:00pm & 1:00pm - 4:00pm

Cost: \$135.00





Edgar Miraku
Head Volleyball Coach &
Camp Director
University of Central Oklahoma

Coach Miraku has entered his 14th year as Head Coach at UCO with a 302-93 overall twelve season record and 227 wins in last nine. (2020 Covid season did not count). Miraku has produced twelve All Americans in last 10 seasons. Bronchos won NCAA Regonal Championship & MIAA Conf. Championship making it to Elite Eight and were again Nationally ranked. He previously worked with USA Volleyball serving as Head Coach and Assist. for USA Men's National Paralympic Team. He also served as Head Coach at Edmond Memorial for seven seasons and has been involved in OK club volleyball for over 25 years.

#### Emily Todd - UCO Volleyball Assist. Coach

Coach Todd is entering her fifth season at UCO with a record of 102-25. She has been integral part of the program and key to the success of our Volleyball team



# BRONCHOVOLLEYBALLCAMPS.COM

| <b>2025 CAMP REGISTRATION</b>   |   | 2025 CAMP SESSIONS   |   |
|---|---|--|---|
| CAMPER'S NAME: E-MAIL:  |   | JUNE 9-11, High School Prep ALL SKILLS CAMP GRADES 4-8; 8:30 AM - 11:30AM  | 215.00  |
| PARENT'S NAME:  CONTACT CELL NUMBER:  INCOMING GRADE-Fall 2023:   |   | JUNE 9-11, COLLEGE CAMP - ALL SKILLS CAMP GRADES 9-12; 1:00 PM - 4:00PM  | 215.00  |
| SCHOOL TEAM (if any):  CLUB TEAM (if any):  TOTAL AMOUNT (Check or on-line pmt): \$   |   | JUNE 12, DEFENSIVE CAMP  GRADES 5-11; 9:00AM - 12:00PM & 1:00 PM - 4   | 135.00<br>:00PM   |
| T-SHIRT: Adult: XL L  | M S Youth: YL YM  Make checks payable to:  EDGAR MIRAKU  17105 Platinum Ln  Edmond, OK 73012  | JUNE 13, HITTING CAMP  ALL GRADES; 9:00 AM - 12:00PM   | 80.00   |
| Activity: Broncho Volleyball Cam<br>In consideration of being allowe<br>A. I am over eighteen (18) years<br>my own signature) and am eligib<br>B. I recognize that I am not requ<br>parent's or guardian's consent).<br>C. I acknowledge and agree to a   | d to participate in the Broncho Volleyball Ca<br>of age (or if under 18, have had my parent o<br>le to participate in the above-stated Activity<br>ired to participate in this Activity and choos   | amps to take place during the 2025, I state and agree as follows: or guardian give consent for my participation by signing this document in acy.  e to do so of my own free will (and if under eighteen (18) years of age with by the Centers for Disease Control and Prevention, the Oklahoma State D                       | my<br>epartment   |
| suspension or cancellation of us<br>Health Agencies and I further ag<br>acknowledge and agree to take a<br>appreciates both the known and<br>participation in the Event may, d<br>could result in quarantine requir<br>resulting from such exposure, in<br>D. I (and if under eighteen (18) y<br>psychological injury, illness and<br>of loss, property damage, or per-<br>negligence or that of Broncho Vo | ree of UCO facilities and/or the event, at any ree to comply with UCO's revised procedure all reasonable efforts to enforce UCO protocopotential dangers of utilizing the Facilities espite, UCO's reasonable efforts to mitigat ements, serious illness, disability and/or decluding claims of third parties attending the ears of age with my parent's or guardian's of even death. I (and if under eighteen (18) yesonal injury, including death, that I may sus alleyball Camps, Mirakulous Volleyball, or it | consent) understand that such Activity may involve the risk of physical and<br>ears of age with my parent's or guardian's consent) voluntarily assume all s<br>stain or cause as a result of my participation in this Activity, whether cause<br>as officers, agents or employees and agree not to make any claim of any kir | the Public I further es or D-19, which any claim Vor such risks d by my |
| E. I FURTHER AGREE TO INDEMN<br>liability, damage or costs, include<br>theirs or otherwise.<br>F. By signing this agreement, I (a   | ling court costs and attorneys fees, that the   | ball Camps, Mirakulous Volleyball, its officers, agents and employees fror<br>by may incur due to my participation in such Activity, whether due to my ne<br>By years of age) intend to bind other members of my family, and heirs and   | gligence or   |

Printed Name of Participant:

Signature:

Date:

Printed Name of Parent/Guardian:

Signature:

Date:

G. I (and my parent/guardian if under eighteen (18) years of age) have read this document before signing it. I (and my parent/guardian if under eighteen (18) years of age) have had an opportunity to consider its meaning, and I (and my parent/guardian if under eighteen (18) years of age) understand the document and

sign it as a voluntary act and deed.